

# MOUNTAIN FEELING

2022

# A retreat for the mind with striking Alpine accents

Characterised by their cosy simplicity and nostalgic charm, the Dolomitenhof and the Landhaus Alte Post are the perfect places to relax and unwind. Here in the wonderfully secluded Fiscalina Valley, the surroundings take centre stage. Gaze out over the mountain landscape of the Sesto Dolomites, and discover rugged rock faces, blossoming meadows, fragrant forests and authentic Alpine pastures. Enjoy spending time in your very own haven in the midst of this stunning setting; choose from beautifully decorated rooms furnished with fragrant Swiss pine or cosy rooms with historic charm. The breathtaking views will soon have a special place in your heart.



DOLOMITENHOF  
& ALTE POST

Tradition  
meets  
sustainability



- ◆ South Tyrol as a region is not only steeped in tradition, but it's also known for its focus on sustainability. Our hotel carefully blends the two by having meat-free Fridays, a tradition that many families in this country have observed for years. We're now following in their footsteps in an attempt to help reduce the high levels of meat consumption worldwide. Because the environment really matters to us.
- ◆ Zero kilometres on the plate: meat, vegetables, cereals, dairy products and cheese are all sourced from local farmers, whilst wild herbs, mushrooms and berries come from our own garden and the surrounding forests. Only things that do not grow here are purchased in our wider environment.
- ◆ Our farm and pasture land are ecologically certified.
- ◆ Green choice: our guests can play an active part in protecting the environment by foregoing cleaning of their rooms on some days. In return, for every "green" day, we will treat them to a voucher worth € 5, which can be used to pay for anything consumed in the hotel.
- ◆ For the good of our environment we avoid plastic wherever possible and use natural and high quality alternatives. For example, our cleaning products and detergents for the hotel linen are biodegradable.
- ◆ The local mountains set the tone in our SPA: for our massages and treatments we use natural cosmetics that are produced in South Tyrol.
- ◆ The toiletries in your bathroom also meet our ecological standards and are made in South Tyrol using natural raw materials.
- ◆ The in-house, environmentally-friendly wood-chip heating system provides pleasant warmth throughout the hotel and a comfortable water temperature in the pool – with a green conscience.
- ◆ We support green mobility and therefore have also installed a charging station for electric vehicles at the hotel.
- ◆ With sustainability as our mission, we have set ourselves an ambitious target that we are tackling step by step – in the tried and tested manner of mountaineers. And so every season we are implementing new measures to protect the environment. We will be pleased to tell you more!





25-27 m<sup>2</sup>

## DOLOMITENHOF COMFORT 2-3 PERSONS

Cosy room with a comfortable sitting area, panoramic windows, balcony with views of the Punta dei Tre Scarperi, with Swiss pine furniture, wooden floor, ensuite bathroom with shower, WC and bidet.



26 m<sup>2</sup>

## SEPP INNERKOFLER SOUTH 2-3 PERSONS

Cosy room with sitting area, panoramic windows, south-facing balcony with views of the Sesto Sundial, Swiss pine furniture, wooden floor, ensuite bathroom with shower, WC and bidet.





29 m<sup>2</sup>

## SUPERIOR SOUTH

2-3 PERSONS



Spacious room with sitting area, panoramic windows, south-facing balcony with views of the Sesto Sundial, Swiss pine furniture, wooden floor, ensuite bathroom with shower, WC and bidet.



34 m<sup>2</sup>

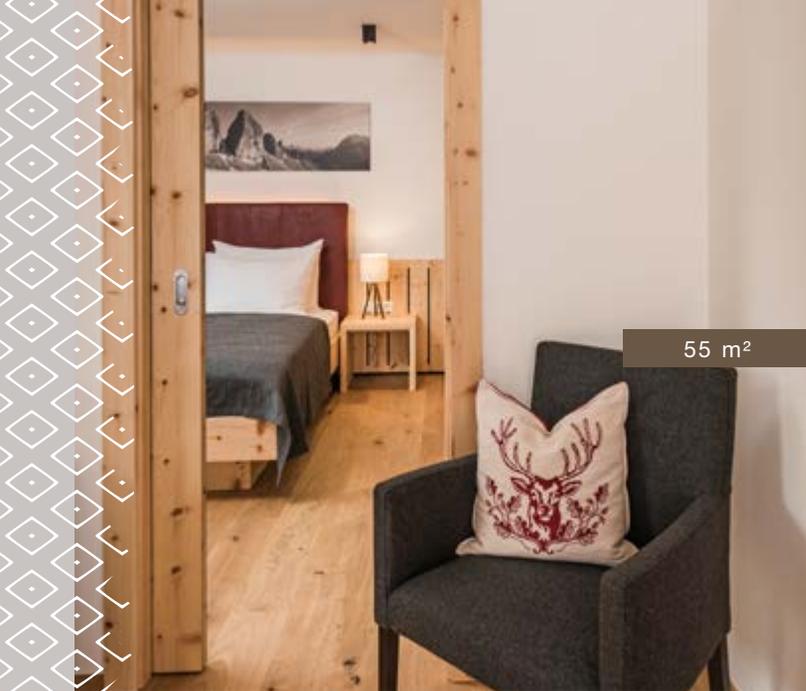
## JUNIORSUITE

2-4 PERSONS



Spacious room with separate living and sleeping areas, panoramic windows, west-facing balcony with views of the Punta dei Tre Scarperi, wooden floor, Swiss pine furniture, ensuite bathroom with shower, WC and bidet.

All of our rooms feature hairdryer, vanity mirror, bathrobe and bathing slippers, LCD-Sat-TV, WIFI, telephone, safe and mini-bar.



55 m<sup>2</sup>

## FAMILY SUITE

4-5 PERSONS

Generously-proportioned room, panoramic windows, with separate living and sleeping areas, north-facing balcony, Swiss pine furniture and wooden floor, two separate bathrooms with bathtub, shower, WC and bidet.



38 m<sup>2</sup>

## JUNIORSUITE SOUTH

2-4 PERSONS

Spacious room with living and sleeping areas, panoramic windows, south-facing balcony with views of the Sesto Sundial, Swiss pine furniture and wooden floor, ensuite bathroom with shower, WC and bidet.





20 m<sup>2</sup>

## SINGLE SOUTH

1-2 PERSONS

Cosy single room with a double sized bed, panoramic windows, south-facing balcony with views of the Sesto Sundial, Swiss pine furniture and wooden floor, ensuite bath-room with shower, WC and bidet. Can also be booked as a small double room.



20 m<sup>2</sup>

## SINGLE

1-2 PERSONS | NO BALCONY

Spacious single room with a double sized bed, with views of the Croda Rossa, Swiss pine furniture and wooden floor, ensuite bathroom with shower, WC and bidet. Can also be booked as a small double room.



All of our rooms feature hairdryer, vanity mirror, bathrobe and bathing slippers, LCD-Sat-TV, WIFI, telephone, safe and mini-bar.

# ALTE POST





# Fresh mountain air and a breath of nostalgia

The Alte Post may be old, but it's far from being old-fashioned. This historic gem of traditional Alpine architecture was built as a coaching inn back in 1907, at a time when wealthy guests still arrived by stagecoach, stayed for the summer and climbed the surrounding mountains with great-grandfather Sepp. The Alte Post was renovated with love and care only a few years ago, and was named a Historic Guest House by an expert jury in 2009.

Over the years, the listed country guest house has certainly retained its historic charm. It boasts elaborate original furniture – some of which dates back centuries – that has been lovingly restored and a traditionally designed, original wood-panelled parlour room from the year 1905, where guests can enjoy their breakfast in style. These charming features give the Alte Post a uniquely authentic feel that has even won the hearts of esteemed guests such as the former German Chancellor Angela Merkel. Bathrooms with sleek, linear designs in neutral tones and the occasional piece of modern furniture provide an exciting contrast to the historic walls.



Guests can look forward to unwinding in cosy, country-style rooms with one-of-a-kind designs, and are sure to sleep soundly in our comfortable beds with the finest linen. For the ultimate relaxation, our guests can also take advantage of the connecting passageway to the Badehaus Bergsteiger bathhouse. Meanwhile, the Dolomitenhof's half-board dining option offers a range of mouth-watering dishes to tickle everyone's taste buds.

Experience a touch of tradition with all of the luxuries of a 4-star hotel.





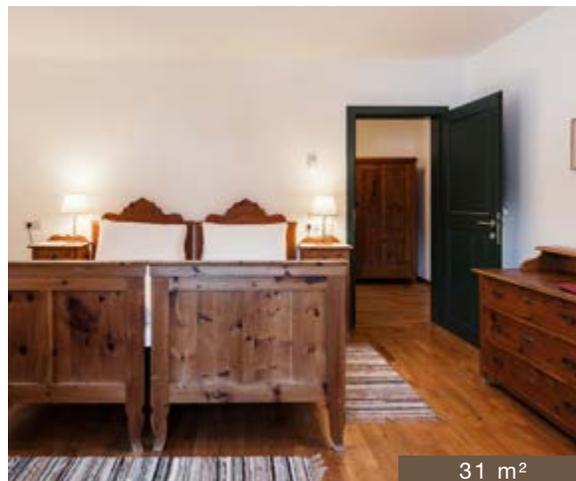
21-23 m<sup>2</sup>

## COMFORT 2 PERSONS

Historic double room without balcony, wooden floor, bathtub with shower screen, toilet and bidet.



In all of our rooms: hairdryer, vanity mirror, bathrobe and bathing slippers, LCD-Sat-TV, WIFI, telephone, safe and minibar.



31 m<sup>2</sup>

## SUPERIOR 2-3 PERSONS

Traditional double room with balcony facing northwest towards Punta dei Tre Scarperi, wooden floor, bathtub with shower screen, toilet and bidet.





## SUPERIOR SOUTH

2-3 PERSONS

Double room with balcony or terrace facing south towards Fiscalina Valley and the Sesto Sundial. Wooden floor, bathtub with shower screen, toilet and bidet.

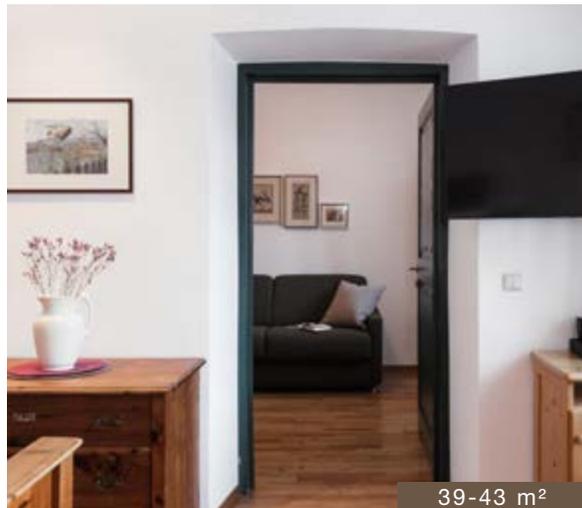


## ROMANTIC ROOM

2-3 PERSONS

Romantic double room with living area and oriel. No balcony, wooden floor, bathtub with shower screen, toilet and bidet.





39-43 m<sup>2</sup>

## SUITE 2-5 PERSONS

Spacious room with living and sleeping area, balcony or terrace facing northwest towards Punta dei Tre Scarperi, wooden floor, bathtub with shower screen, toilet and bidet.



21 m<sup>2</sup>

## SINGLE COMFORT 1-2 PERSONS

Historic single room with wooden flooring, bathtub with shower screen, WC and bidet. No balcony. The famous Austrian mountaineer and author Heinrich Harrer slept here in 1930!

**Also available to book as a small double room!**



# HOTEL DOLOMITENHOF 2023

		11/06-17/06	18/06-24/06	25/06-08/07	09/07-15/07	16/07-05/08	06/08-19/08	*01/06-10/06
Prices in €		17/09-07/10	10/09-16/09	03/09-09/09	28/08-04/09	21/08-28/08		*08/10-22/10
COMFORT	<b>weekly</b>   daily	<b>889</b>   127	<b>924</b>   132	<b>980</b>   140	<b>1.008</b>   144	<b>1.078</b>   154	<b>1.155</b>   165	<b>903</b>   129
	daily rate for 3-6 days	<b>132</b>	<b>137</b>	<b>145</b>	<b>154</b>	<b>164</b>	<b>175</b>	<b>134</b>
	daily rate for 1-2 days	<b>139</b>	<b>144</b>	<b>152</b>	<b>159</b>	<b>169</b>	<b>180</b>	<b>141</b>
SEPP INNERKOFLER SOUTH	<b>weekly</b>   daily	<b>959</b>   137	<b>994</b>   142	<b>1.050</b>   150	<b>1.078</b>   154	<b>1.148</b>   164	<b>1.225</b>   175	<b>973</b>   139
	daily rate for 3-6 days	<b>142</b>	<b>147</b>	<b>155</b>	<b>164</b>	<b>174</b>	<b>185</b>	<b>144</b>
	daily rate for 1-2 days	<b>149</b>	<b>154</b>	<b>162</b>	<b>169</b>	<b>179</b>	<b>190</b>	<b>151</b>
JUNIORSUITE	<b>weekly</b>   daily	<b>959</b>   137	<b>994</b>   142	<b>1.050</b>   150	<b>1.078</b>   154	<b>1.148</b>   164	<b>1.225</b>   175	<b>973</b>   139
	daily rate for 3-6 days	<b>142</b>	<b>147</b>	<b>155</b>	<b>164</b>	<b>174</b>	<b>185</b>	<b>144</b>
	daily rate for 1-2 days	<b>149</b>	<b>154</b>	<b>162</b>	<b>169</b>	<b>179</b>	<b>190</b>	<b>151</b>
SUPERIOR SOUTH	<b>weekly</b>   daily	<b>994</b>   142	<b>1.029</b>   147	<b>1.085</b>   155	<b>1.113</b>   159	<b>1.183</b>   169	<b>1.260</b>   180	<b>1.008</b>   144
	daily rate for 3-6 days	<b>147</b>	<b>152</b>	<b>160</b>	<b>169</b>	<b>179</b>	<b>190</b>	<b>149</b>
	daily rate for 1-2 days	<b>154</b>	<b>159</b>	<b>167</b>	<b>174</b>	<b>184</b>	<b>195</b>	<b>156</b>
FAMILY SUITE	<b>weekly</b>   daily	<b>994</b>   142	<b>1.029</b>   147	<b>1.085</b>   155	<b>1.113</b>   159	<b>1.183</b>   169	<b>1.260</b>   180	<b>1.008</b>   144
	daily rate for 3-6 days	<b>147</b>	<b>152</b>	<b>160</b>	<b>169</b>	<b>179</b>	<b>190</b>	<b>149</b>
	daily rate for 1-2 days	<b>154</b>	<b>159</b>	<b>167</b>	<b>174</b>	<b>184</b>	<b>195</b>	<b>156</b>
JUNIORSUITE SOUTH	<b>weekly</b>   daily	<b>1.029</b>   147	<b>1.064</b>   152	<b>1.120</b>   160	<b>1.148</b>   164	<b>1.218</b>   174	<b>1.295</b>   185	<b>1.043</b>   149
	daily rate for 3-6 days	<b>152</b>	<b>157</b>	<b>165</b>	<b>174</b>	<b>184</b>	<b>195</b>	<b>154</b>
	daily rate for 1-2 days	<b>159</b>	<b>164</b>	<b>172</b>	<b>179</b>	<b>189</b>	<b>200</b>	<b>161</b>
SINGLE	<b>weekly</b>   daily	<b>959</b>   137	<b>994</b>   142	<b>1.050</b>   150	<b>1.078</b>   154	<b>1.148</b>   164	<b>1.225</b>   175	<b>973</b>   139
	daily rate for 3-6 days	<b>142</b>	<b>147</b>	<b>155</b>	<b>164</b>	<b>174</b>	<b>185</b>	<b>144</b>
	daily rate for 1-2 days	<b>149</b>	<b>154</b>	<b>162</b>	<b>169</b>	<b>179</b>	<b>190</b>	<b>151</b>
SINGLE SOUTH	<b>weekly</b>   daily	<b>1.029</b>   147	<b>1.064</b>   152	<b>1.120</b>   160	<b>1.148</b>   164	<b>1.218</b>   174	<b>1.295</b>   185	<b>1.043</b>   149
	daily rate for 3-6 days	<b>152</b>	<b>157</b>	<b>165</b>	<b>174</b>	<b>184</b>	<b>195</b>	<b>154</b>
	daily rate for 1-2 days	<b>159</b>	<b>164</b>	<b>172</b>	<b>179</b>	<b>189</b>	<b>200</b>	<b>161</b>

# ALTE POST 2023

		11/06-17/06	18/06-24/06	25/06-08/07	09/07-15/07	16/07-05/08	06/08-19/08	*08/10-22/10
Prices in €		17/09-07/10	10/09-16/09	03/09-09/09	28/08-04/09	21/08-28/08		
COMFORT	<b>weekly</b>   daily	<b>861</b>   123	<b>896</b>   128	<b>952</b>   136	<b>980</b>   140	<b>1.050</b>   150	<b>1.127</b>   161	<b>875</b>   125
	daily rate for 3-6 days	<b>128</b>	<b>133</b>	<b>141</b>	<b>150</b>	<b>160</b>	<b>171</b>	<b>130</b>
	daily rate for 1-2 days	<b>135</b>	<b>140</b>	<b>148</b>	<b>155</b>	<b>165</b>	<b>176</b>	<b>137</b>
SUPERIOR	<b>weekly</b>   daily	<b>910</b>   130	<b>945</b>   135	<b>1.001</b>   143	<b>1.029</b>   147	<b>1.099</b>   157	<b>1.176</b>   168	<b>924</b>   132
	daily rate for 3-6 days	<b>135</b>	<b>140</b>	<b>148</b>	<b>157</b>	<b>167</b>	<b>178</b>	<b>137</b>
	daily rate for 1-2 days	<b>142</b>	<b>147</b>	<b>155</b>	<b>162</b>	<b>172</b>	<b>183</b>	<b>144</b>
ROMANTIC ROOM	<b>weekly</b>   daily	<b>910</b>   130	<b>945</b>   135	<b>1.001</b>   143	<b>1.029</b>   147	<b>1.099</b>   157	<b>1.176</b>   168	<b>924</b>   132
	daily rate for 3-6 days	<b>135</b>	<b>140</b>	<b>148</b>	<b>157</b>	<b>167</b>	<b>178</b>	<b>137</b>
	daily rate for 1-2 days	<b>142</b>	<b>147</b>	<b>155</b>	<b>162</b>	<b>172</b>	<b>183</b>	<b>144</b>
SUPERIOR SOUTH	<b>weekly</b>   daily	<b>959</b>   137	<b>994</b>   142	<b>1.050</b>   150	<b>1.078</b>   154	<b>1.148</b>   164	<b>1.225</b>   175	<b>973</b>   139
	daily rate for 3-6 days	<b>142</b>	<b>147</b>	<b>155</b>	<b>164</b>	<b>174</b>	<b>185</b>	<b>144</b>
	daily rate for 1-2 days	<b>149</b>	<b>154</b>	<b>162</b>	<b>169</b>	<b>179</b>	<b>190</b>	<b>151</b>
SUITE	<b>weekly</b>   daily	<b>945</b>   135	<b>980</b>   140	<b>1.036</b>   148	<b>1.064</b>   152	<b>1.134</b>   162	<b>1.211</b>   173	<b>959</b>   137
	daily rate for 3-6 days	<b>140</b>	<b>145</b>	<b>153</b>	<b>162</b>	<b>172</b>	<b>183</b>	<b>142</b>
	daily rate for 1-2 days	<b>147</b>	<b>152</b>	<b>160</b>	<b>167</b>	<b>177</b>	<b>188</b>	<b>149</b>
SINGLE COMFORT	<b>weekly</b>   daily	<b>959</b>   137	<b>994</b>   142	<b>1.050</b>   150	<b>1.078</b>   154	<b>1.148</b>   164	<b>1.225</b>   175	<b>973</b>   139
	daily rate for 3-6 days	<b>142</b>	<b>147</b>	<b>155</b>	<b>164</b>	<b>174</b>	<b>185</b>	<b>144</b>
	daily rate for 1-2 days	<b>149</b>	<b>154</b>	<b>162</b>	<b>169</b>	<b>179</b>	<b>190</b>	<b>151</b>

All prices are per person and include gourmet half-board. There will be a mandatory local tax of € 2.50 per person and day applied, which you can pay at the hotel directly. Children under 14 are exempt.

\* NEW MOUNTAIN SPECIAL: during these periods our guests can use the mountain railways for free without restriction.

# Worry-free dining

## **The wonder of simplicity.**

A poor man's cuisine, rich in the flavours of the nature that surrounds us. Born of pure necessity and the traditions that grew out of it. The secret of our alpine-mediterranean cuisine lies in the use of local and seasonal products: meat from local herds of ancient breeds and typical specialities from our region. Potatoes, beetroot, turnips, cabbage and cereals. Products from our farmers, fresh and carefully prepared. Complemented with valuable, rediscovered ingredients, herbs and berries from our garden, the meadow or the forest – fresh in summer and preserved for the winter using traditional methods. Taste the aromas of the Dolomites!

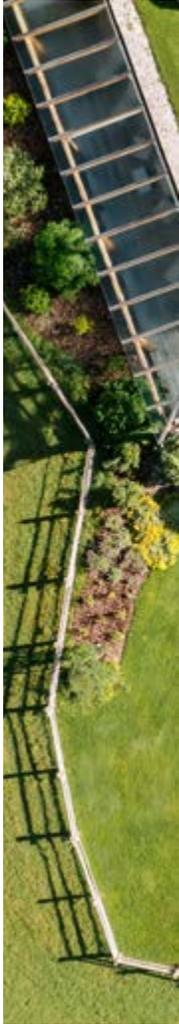


- ◆ **Alpine-mediterranean 4-course dinner**  
with salads and antipasti from the buffet
- ◆ South Tyrolean delicacies, varied starters and indulgent desserts
- ◆ Once a week **aperitif reception with live music**
- ◆ Visit our new **Bistro Bergsteiger** and enjoy local delicacies in the special atmosphere of the award-winning architecture by architect Ulla Hell – Plasma Studio

A photograph of a wooden table outdoors, likely at a restaurant or cafe. On the table, there is a wine glass filled with red wine, a tall glass of beer with a thick white head of foam, and a large platter of food. The food includes a salad with lettuce, tomatoes, and cucumbers, a hard-boiled egg, a slice of bread, and some meat. A person's hand is visible holding the wine glass, and another person's hand is visible holding the beer glass. The background is a blurred green landscape.

# THE TASTE OF THE DOLOMITES

◆ When you're on holiday, you should never have to go without. We can provide gluten-free bread, soya milk and lactose-free yoghurt for breakfast upon request, but we are unfortunately unable to offer separate gluten-free menus or menus for other specific dietary requirements. However, if there is something that you are not able to eat, we will make every effort to find you a suitable alternative.



## Reduced

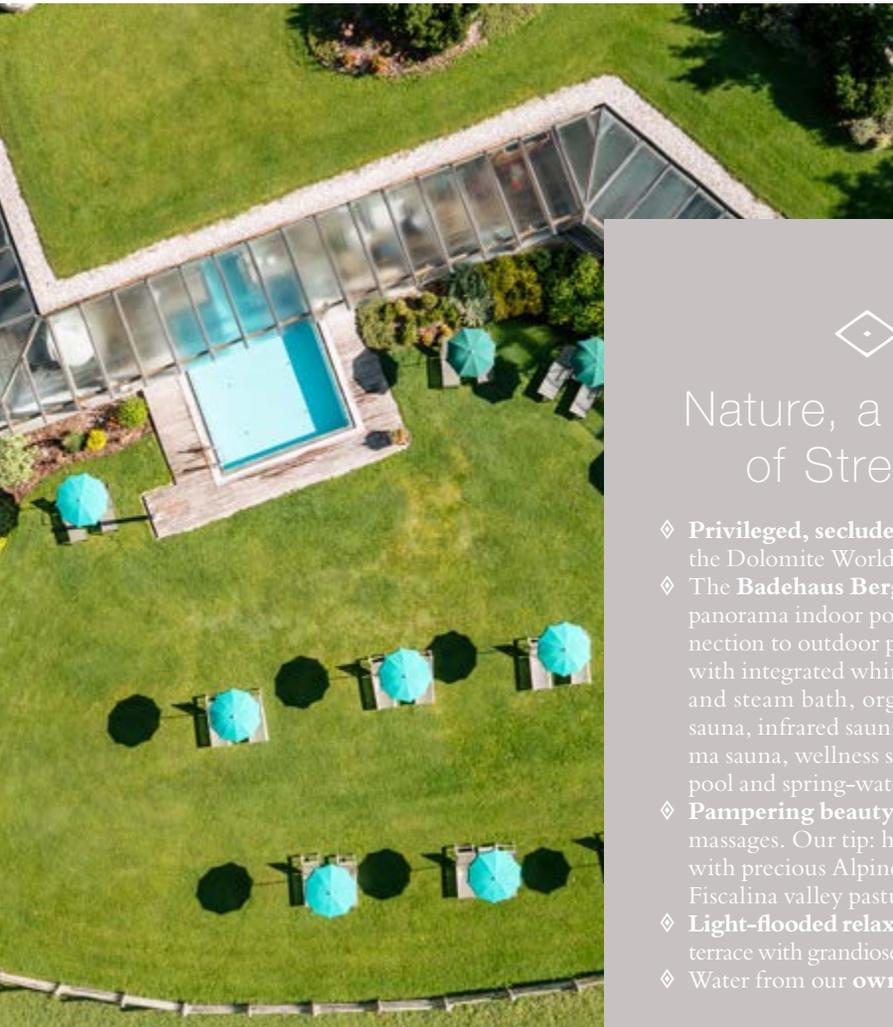
Children rates  
with an extra bed in the parents' room

- ◆ 0-2.99 years: € 35  
per night including half board
- ◆ 3-7.99 years:  
discount of 50%



- ◆ 8-13.99 years:  
discount of 30%
- ◆ 14 years and above:  
discount of 20%





## Nature, a Source of Strength

- ◆ **Privileged, secluded location** amidst the Dolomite World Natural Heritage
- ◆ The **Badehaus Bergsteiger** with panorama indoor pool and gate connection to outdoor pool, outdoor pool with integrated whirl-benches, sauna and steam bath, organic Swiss pine sauna, infrared sauna, Finnish panorama sauna, wellness showers, plunge pool and spring-water basin.
- ◆ **Pampering beauty treatments** and massages. Our tip: hay flower baths with precious Alpine herbs from the Fiscalina valley pasture
- ◆ **Light-flooded relaxation area** and sun terrace with grandiose mountain view
- ◆ Water from our **own spring**



## For your comfort

- ◆ Connecting passageway between Hotel Dolomitenhof, our Landhaus Alte Post and the Bergsteiger SPA
- ◆ Guests staying at the Landhaus Alte Post take their breakfast in the **historic Stube**. All of our half-board guests are served their dinner at Hotel Dolomitenhof
- ◆ **Charging point** for electric vehicles for a fee
- ◆ **Free parking** in front of the building, covered parking with surcharge
- ◆ **Storage room** with lockers for hiking and biking equipment

# ACTIVE SUMMER



- ◆ Every week **3-4 guided hikes** with the local Alpine School Sesto-Tre Cime
- ◆ Direct access to Nature's paradise, the Sesto Dolomites: **walking paths, hiking and mountaineering trails** of varied lengths and levels of difficulty start directly at the hotel
- ◆ **Panoramic climbing tours** and vie ferrate for ambitious mountaineers
- ◆ **Jogging & Nordic Walking** along beautiful forest and meadow paths
- ◆ **Mountain biking** directly from the hotel - free loan of mountain bikes in-house, e-bikes for a fee
- ◆ **Indoor climbing at Sesto**, one of the highest in Italy and only a few minutes away by car
- ◆ **For horse riders:** 2 guest boxes, private paddock and sanded 24 x 48 m arena



The perfect summer's day in the mountains? Enjoy a fortifying breakfast made from the best ingredients, and take part in fantastic mountain adventures, panoramic hikes and mountain bike rides at the heart of the Dolomites... and then round off the day in leisurely fashion with Alpine wellness in the **"Badehaus Bergsteiger" bath house**. This is the life!

HOTEL DOLOMITENHOF

LANDHAUS ALTE POST

BADEHAUS BERGSTEIGER

PASSAGEWAY



# SUMMER & FALL OFFERS

## MOUNTAIN WEEKS

01/06-10/06 // 08/10-22/10/2023

6+1  
FOR FREE

- ◆ 7 days at the price of 6, gourmet half board
- ◆ Free unlimited use of the mountain railways
- ◆ 2-3 guided hiking tours with the local Alpine School Sesto-Tre Cime

from € 804 per person on half board

## SPECIAL OPENING WEEK

11/06-18/06/2023

6+1  
FOR FREE

- ◆ 7 days at the price of 6, gourmet half board
- ◆ 2-3 guided hiking tours with the local Alpine School Sesto-Tre Cime

from € 792 per person on half board

Our offers are calculated on the basis of our daily rates for stays of 3-6 days.

## MOUNTAIN FALL

01/10-08/10/2023

6+1  
FOR FREE

- ◆ 7 days at the price of 6, gourmet half board
- ◆ 2-3 guided hiking tours with the local Alpine School Sesto-Tre Cime
- ◆ 1 free hay bath in our Val Fiscalina hay

from € 792 per person on half board







# BISTRO BERGSTEIGER



LOCAL DELICACIES AND  
PANORAMIC VIEWS  
T. +39 0474 713 003





Latitude = 46.665860  
Longitude = 12.354140

FAM. INNERKOFLER

Val Fiscalina 33 | 39030 Sesto | South Tyrol – Italy  
T +39 0474 713 000 | F +39 0474 713 001  
info@dolomitenhof.com | www.dolomitenhof.com



SANNI.it

Photos: T. Kaser, studio22.at, J. Gorfer, H. Wisthaler, 3 Zinnen Marketing/M. Kottnersteger

## GOOD TO KNOW

- ◆ Rooms are available from 3 p.m. on the day of arrival and should be vacated by 11 a.m. on the day of departure.
- ◆ All rooms and public areas are non-smoking, and smoking is only permitted in our smokers' lounge.
- ◆ Bed-and-breakfast guests are granted a discount of € 10 per person and day.
- ◆ Children aged 16 and over are permitted in the sauna and relaxation area. In the pool we ask for your assistance in maintaining a tranquil environment: please do not leave children unattended or allow them to jump into the pool.
- ◆ Covered parking: € 15 per day
- ◆ Dogs and cats: We are happy to for you to bring your pet! For the associated cleaning and services we charge € 20 excluding food. We ask you to keep your dogs on a lead in the whole hotel area. Pets have no access to our restaurant and wellness area.
- ◆ Your booking becomes binding on receipt of the down payment. Payment may be effected online by credit card on our website or by transfer to the account of our Hotel Dolomitenhof with Cassa Raiffeisen Alta Pusteria, filiale Sesto Pusteria  
IBAN: IT 81 U 08020 58910 000300002607  
Swift-BIC: RZSBIT 21109
- ◆ Hotel bills can be settled in cash (up to a maximum as established by Italian law), by cheque, EC card, Eurocard, Mastercard or VISA.
- ◆ Cancellations: Free of charge up to 30 days prior to planned arrival. In the case of cancellations between 30 and 14 days prior to planned arrival we charge 50% of the total price, between 13 and 8 days 80%. For cancellations less than 8 days prior to planned arrival, premature departure or delayed arrival we have to charge the full amount.
- ◆ We recommend you to take out a travel cancellation insurance – easy to book on [www.dolomitenhof.com](http://www.dolomitenhof.com)
- ◆ All rates are subject to errors and changes.